



GAIA SPA

at BORINGDON HALL



MENU



Drinks

Health shots

From The Juice Smith

Immunity

Tumeric, Green Apple, Ginger

£4.50

Clarity

Ginger, Lemon

£4.50

Matcha

Green Apple, Lemon, Matcha, Guarana

£4.50

Pressed Juice

From The Juice Smith

Divine roots

Beetroot, Carrot, Red Apple, Ginger, Lemon

£6.50

Vital greens

Apple, Cucumber, Celery, Spinach, Lemon, Ginger, Mint

£6.50

The Detoxifier

Lemon, Ginger, Cayenne Pepper, Filtered Water, Agave

£6.50

Blacklemonaid

Activated Charcoal, Lemon, Filtered Water, Agave

£6.50

Kombucha

You + I - Original

£4.50

You + I - Lemon Lavender

£4.50

Soft Drinks

Selection of smoothies

£4.00

Selection of Luscombe drinks (270ml)

£4.90

Elderflower Bubbly, Sicilian Lemonade, Cool Ginger Beer,

Rhubarb Crush, Raspberry Crush, Apple Juice, Sicilian Orange Juice

Coca Cola (330ml)

£4.10

Coca Cola Zero (330ml)

£3.90

Diet Coca Cola (330ml)

£3.90

Fever-Tree Mixers (200ml)

£3.50



Hot Drinks

Espresso	£3.20
Americano	£3.90
Cappuccino	£4.40
Latte	£4.40
Iced Latte	£4.40
Flat White	£4.40
Hot Chocolate	£4.40
Jing™ Tea (2 cup/ 4 cup)	£4.60 / £9.20
Jing™ Matcha Latte	£4.70
Jing™ Matcha Ceremonial Grade Tea	£8.00

Beer & Cider

Asahi (330ml, 4.5%ABV)	£6.00
Corona bottle (330ml, 4.5% ABV)	£5.50
Cornish Cider bottle (500ml, 4.5% ABV)	£7.00
Flavoured Cider bottle (500ml, 4.0% ABV)	£7.00
Corona Cero bottle (330ml, 0.0% ABV)	£4.50

Gin

Boringdon Gin and Tonic (40.0% ABV)	£10.00
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We collaborated with local artisan distiller Still on the Move and created our very own Boringdon Gin here on the grounds using the finest botanicals including Elderflower, Juniper, Angelica, Pink Pepper, Fennel, Orange Peel and Pink Grapefruit.

Served with Fevertree Tonic.



Champagne

	125ml	Bottle
Laurent-Perrier La Cuvée Brut (Ve)	£21.50	£125.00
Laurent-Perrier Cuvée Rosé (Ve)	£26.00	£155.00
Prosecco Spumante Divici (V)	£9.50	£50.00

Wines

	175ml	Carafe	Bottle
White			
Gavi, La Lancellota <i>Pedmont, Italy (VG)</i>	£12.50	£24.50	£47.00
Sauvignon Blanc, Orchard Lane <i>Marlborough, New Zealand</i>	£13.50	£27.00	£52.00
Chardonnay, Mâcon-Charnay "Clos de l'Eglise" <i>Burgundy, France (VG)</i>	£14.50	£28.50	£55.00

Rosé

Pinot Noir Rosé, Villa Wolf <i>Pfalz, Germany (V)</i>	£12.00	£23.50	£45.00
Côtes de Provence Rosé "Whispering Angel", Caves d'Esclans, <i>Provence, France (VG)</i>	£19.50	£41.00	£80.00

Red

Gamay, Beaujolais Villages, Cave de Fleurie <i>Beaujolais, France</i>	£12.50	£24.50	£47.00
Malbec, Laguna Alta <i>Mendoza, Argentina (VG)</i>	£13.50	£27.00	£52.00

Low Alcohol

	125ml	Bottle
Wildlife Botanicals (0.5% ABV)	£8.50	£45.00
Jasmine Sparkling Tea Saicho (0.0% ABV)	£9.00	£50.00





Cocktails

Edmunds Passion Fruit Martini	£12.50
<i>Vodka, Passoa, Passion Fruit</i>	
Edmunds Strawberry Daiquiri	£12.50
<i>Rum, Strawberry, Lime</i>	
Edmunds Espresso Martini	£12.50
<i>Vodka, Espresso, Vanilla</i>	
Edmunds Mojito	£12.50
<i>Rum, Mint, Lime</i>	
Edmunds Mai Tai	£12.50
<i>Rum, Orange, Lime</i>	
Aperol Spritz	£15.00
<i>Aperol Liqueur, Prosecco, Soda</i>	

Non-alcoholic cocktails

<i>From Bottle Proof</i>	
Mojito	£8.50
<i>Mint, Lime</i>	
Passion Fruit Martini	£8.50
<i>Passion Fruit, Vanilla, Orange, Lime</i>	

JING™ TEA

JING™ single origin teas express the unique character of the people, place and nature that work in harmony to create them. Explore a world of distinctive flavours, diverse cultures, master craftsmanship and incredible taste.

Oolong Tea

Originating from China's Fujian province, oolong has been a cornerstone of tea culture in China and Taiwan for centuries. It is the most varied and complex type of tea.

Yellow Gold, Dazhai Garden, Fujian, China
Masterfully hand-rolled, the leaves open on infusion to impart their characteristic yellow gold colour, alongside a full-bodied, caramelised biscuit flavour with a grassy freshness.

White Tea

White tea is the least processed type of tea, yet often the most challenging to perfect. With sweet, delicate flavours, soft textures and a thirst-quenching character, it is the purest example of authentic tea at it's best.

Yunnan White Peony, Nayun Garden, Yunnan, China
An uplifting and fruity organic white tea with a light rose freshness. Its combination of large, downy, silvery buds and yellow-green leaves add depth to the tea, giving it a smooth texture and a refreshing floral character.

Black Tea

JING™ Tea's single origin black teas are made from whole leaf loose tea, with each terroir offering a unique richness and intensity of flavour. With strength and structure, black teas taste rich and often malty.

Assam Breakfast

Assam, India
Statuesque and full-bodied Assam tea, with plenty of structure and malty richness. A rousing breakfast tea, perfect with or without milk.

Decaffeinated Ceylon

Ruhuna, Sri Lanka
A rich and supremely smooth Ceylon breakfast tea, without the caffeine. Perfect to set your day to a great start.

Organic Darjeeling 2nd Flush

Darjeeling, India
With grape sweetness, notes of toasted hay and hops and hints of muscatel, this tea encapsulates the unmistakable character of Darjeeling. A light, highly fragrant and uplifting black tea, perfect for afternoon drinking.

Earl Grey

Assam, India
An invigorating black tea lifted by fresh and exuberant citrus. For supreme texture and flavour, a touch of natural bergamot extract tempers the tea's inherent richness.

Chai

Assam, India
A highly aromatic combination of rich and malty Assam black tea from India with cinnamon, cardamom and ginger spices.



JING™ TEA

Herbal Infusions

JING™ herbal infusions are comprised of the highest quality, freshly picked and dried whole herbs, flowers and fruits and are naturally caffeine-free.

Rooibos

Cederberg, South Africa

Gently tangy notes of Seville orange combine with soft-textured hints of vanilla.

Organic Whole Rosebuds

Tinghir, Morocco

You'll find a clean, refreshing and soft infusion, with a leafy vegetal note from the sepal which cuts through the fragrance and adds a gentle complexity.

Whole Chamomile Flowers

Slavonia, Croatia

A calming infusion with mellow, straw-like complexities and floral notes. Perfect to unwind with after a busy day.

Whole Peppermint Leaves

Bavaria, Germany

Intensely refreshing and cleansing peppermint leaf with an invigorating, cooling finish.

Blackcurrant & Hibiscus

Hungary & Nigeria

A quenching vivaciously balanced blend of juicy blackcurrants with dried roselle hibiscus.

Lemongrass & Ginger

Thailand & Nigeria

A bracing and zesty herbal infusion, with intensely fresh lemongrass and satisfying, warming ginger.

Green Tea

JING™ Tea's single origin green teas are crafted by masters in China and Japan, with generations of knowledge in producing the very best leaves. Green teas taste vegetal and fresh, with a natural spring-sweetness and a satisfying, silky texture.

Organic Jade Sword™

Jingshan Garden, Zhejiang, China

Bursting with sweet spring flavour, and succulent fresh taste. A refreshing infusion with pleasant, sappy top notes and characterful umami depth.

Dragon Well (Supplement E2)

Yong'an Garden, Hangzhou, China

Masterfully pan-fired, the leaves are shaped into beautiful spears and elicit the sweet, lightly roasted chestnut flavour and complexity for which this tea has become famous for.

Jasmine Pearls (Supplement E2)

Yunnan, China

Young tea buds are spring-picked in Yunnan and hand-rolled into pearls of green tea, then scented the traditional way for five consecutive nights, with freshly picked jasmine flowers.

Organic Matcha Ceremonial Grade £8

Kirishima Chuou Garden, Kagoshima, Japan

Traditionally stone-ground, this expresses the vivid taste of the single Okumidori cultivar, with exceptional character, floral notes and deep, vegetal umami flavours.

Matcha Latte

Kagoshima, Japan

A beautiful blend of Matcha cultivars – Yabukita / Okumidori. Together, they soften luxuriously with milk for an uplifting yet comforting infusion that is smooth, rich and yet still bursts with fresh flavour and clarity – the perfect balance and expression of Matcha.



Snacks

Marinated Olives (VG) (NGCI) (DF) £6.00

Selection of Nuts £5.00

Pretzels £4.00

Made for Drink: English Heritage Potato Crisps £3.50
English Truffle - Dorset Sea Salt - Malt Vinegar & Sea Salt

Cream tea (*one scone*) £7.00

Cream tea (*two scones*) £11.50

One cake from afternoon tea selection of cakes £5.00

Afternoon tea *savoury* plate £15.00

Afternoon tea *sweet* plate £13.00

(V) - Vegetarian, (V*) - Vegetarian Option Available, (VG) - Vegan, (VG*) - Vegan Option Available, (NGCI) - Non Gluten Containing Ingredient, (NGCI*) - Non Gluten Containing Ingredient Option Available, (DF) - Dairy Free, (DF*) - Dairy Free Option Available

Order via our app

To order drinks direct to your sun lounger or table, please download our app to order and pay via your mobile.



Our calorie values have been estimated using recipe analysis tools and standard nutritional databases. Values are intended as a guide and may vary depending on preparation, ingredients, and portion sizes.

Please refrain from reserving loungers and ensure mobile phones are on silent. A discretionary 10% service charge will be applied to your bill.

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